

# You are what you eat

### Lead-in

- 1 Discuss with a partner.
  - What's your favourite food? Which country has the best food? And the worst?
  - What's the strangest food you've ever tried? Is there anything you'd never eat?
  - What do you know about a macrobiotic diet? Would you like to try it? Why / why not?
  - Do you enjoy cooking? Do you have a signature dish?
  - Are there any celebrity chefs from your country? What type of food do they prepare?

#### Input

- 1 Read your article about food and make notes.
- **2** Use your notes to exchange information with two classmates.

#### Language focus

1 Look at this sentence from text A and discuss the questions below.

In fact, the idea of a meat substitute has been investigated in labs all over the world for years now.

- **a** What form is the verb in bold in?
- b When is it used?
- **c** How is it formed?
- **2** Complete the information.

The  $^1\!$  ..... is formed with a tense or form of the verb  $^2\!$  ..... and the  $^3\!$  ..... of the main verb.

It is used to create a / an  $^4\!$  ...... style or to focus on the  $^5\!$  ....., , rather than the person performing the action.

- **3** There is at least one example of the passive in each of the other paragraphs in Text A. Find them with your partner.
- **4** Complete the sentences below using an appropriate form of the verb in the passive and information from the articles.

a Steps ...... (take) to find ...... meat.

b Algae ...... (use) to ......

- d Research ...... (carry out) which proved that rats .....
- e Evidence ...... (find) that food tastes .....



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5	Texts B and C have words associated with flavours and textures of food. Find them	and write
	them under the correct heading in the table below.	

Flavours

Textures

6 Here are some more adjectives to talk about textures and flavours of food. Write them in the correct column in the table. Use a dictionary to help if necessary. savoury crumbly smooth hot and spicy cheesy nutty crunchy mild / strong light and airy mushy chewy 7 Work with a partner and think of three examples of foodstuffs which are: • bitter strong crunchy • bland chewy smooth Task 1 You are going to interview a classmate about some food issues. Add three questions to the list below that you would like to ask. 1 What flavours do you prefer, sweet, sour, hot and spicy ...? 2 How would you describe your taste in food? 3 Have your tastes in food changed since you were a child? How? 4 What do you think the future of food will be in your country? Do you think people will ever get used to eating insects or algae? 5 Do you agree that people are more preoccupied with food today than in the past? Why has this happened? 6 ..... 7 ..... 8 ..... 2 Work in pairs to ask and answer your questions. Ask additional questions if necessary. **3** Tell your group about your findings. **Review**