 Highlight words below and move with cursor arrows ➙

|  |  |
| --- | --- |
| **…good for your health?** | **…bad for your health?** |
|  |  |

**Porto Teaching Centre**

**LS2 Survey**

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Going for

a walk

Cycling

Drinking energy

drinks

Taking vitamins

Spending time with family or friends

Looking at social media

Eating breakfast

Playing with my dog

Missing meals

Sitting down all day

Eating lots of sugar

Sunshine

Stretching