

Name:

▶¹ Watch the video and choose *True* or *False*.

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|--|------|-------|
| 1. Amy uses a plastic-free shampoo bar. | True | False |
| 2. Ella looks for polyester or acrylic clothing to wear. | True | False |
| 3. Ella loves the taste of the charcoal tooth tabs. | True | False |
| 4. Ella and Amy made their own fresh bread for breakfast. | True | False |
| 5. Amy can't brush or dry her hair. | True | False |
| 6. Ella and Amy take the bus into town. | True | False |
| 7. Amy gets a discount because she's using her own mug. | True | False |
| 8. Ella can't find a drink that isn't in a plastic bottle. | True | False |

**Match each plastic item to its environmentally friendly equivalent.
What can you say about each one?**

