

Student A

Brain Puzzles VS Brain Teasers: What's The difference?

Brain puzzles and teasers are often used interchangeably, they're not quite the same thing!

A brain teaser is usually verbal or written—a few sentences or a short paragraph that describes a unique problem or conundrum for you to solve. Riddles are a form of a brain teaser.

Brain puzzles are games that also challenge our thinking but may require logic or vertical analysis to solve. Brain puzzles can even be physical objects!

Here are some common brain puzzles you might have encountered:

- Crossword puzzle
- Rebus puzzle
- Sudoku
- Rubik's Cube
- Logic grid

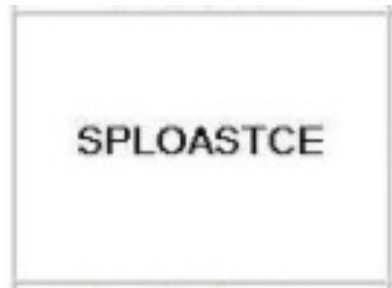
Some brain puzzles, like rebus puzzles, require lateral thinking to solve. But other brain puzzles, like logic grids and sudoku, use traditional analysis.

The real question is: how do these brain puzzles and teasers help improve our thinking?

Example of rebus puzzles:



"Good afternoon!"



"Lost in Space"