

KEY: Cruise liners have the most negative effect on the environment.

Type of holiday	Negative impact(s)	Action to be taken
Skiing	Energy used for the ski lift and at hotels	Choose 'greener' resorts
Trekking	Waste left behind by trekkers	Don't leave rubbish behind; use recyclable containers/bottles
Cruise liners	Water and air pollution; waste is dumped at sea	Support smaller cruise operators that run on cleaner fuels