

Lead-in

Work with a partner. Discuss the following questions.

- What's your favourite sport? Why?
- What are the most popular sports in your country?
- Do you prefer watching or playing sports?
- What sport would you most like to take up? Why?

Reading

1. Read the text about taking up a new sport. Match the questions with the information.

1. Who can take it up?
2. How fit do I need to be?
3. Why take up football?
4. Is it expensive?
5. Can I play competitively?
6. Where can I take part?

2. Answer the questions with True (T), False (F) or Not Given (N). According to the text ...

1. ... the England women's team are the best in the world.
2. ... women's football is becoming more popular.
3. ... playing 5-a-side football isn't demanding.
4. ... if you start playing football aged seven you could be a professional.

3. Work with a partner. Discuss the questions.

- What is the purpose of the text? How do you know?
- Who is the target audience for the text? Is it aimed at a particular age group?

Vocabulary

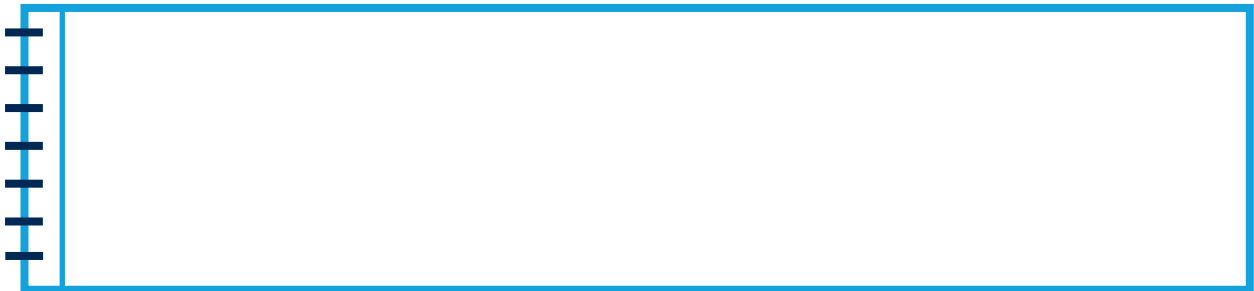
Match the words (1–6) with their correct meaning (a–f).

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|--|----------------|
| 1. a team's rating compared to other teams in the world is their ... | a. rank |
| 2. your skill level (depending on training or experience) is your ... | b. grass roots |
| 3. the level of ordinary people in society or an organisation is the ... | c. obsession |
| 4. something that requires a lot of time, energy or attention is ... | d. exertion |
| 5. the use of a lot of mental or physical effort is ... | e. demanding |
| 6. something you think about all the time is an ... | f. ability |

Task

Option 1

1. Prepare a short presentation persuading your partner to take up your favourite hobby. Include some of the persuasive features from the text. Make notes in the box to help you.



2. Give your presentation to other students.

- Which presentation was more persuasive?
- Which hobby would you prefer to take up?

Option 2**1. Choose one of the statements below and prepare for a debate.**

- The government has a responsibility to provide sports facilities.
- Schools should teach PE.
- All companies have a responsibility to provide time and resources to help employees keep fit.
- Contact sports, like football, shouldn't be taught in schools.
- Employees shouldn't get paid leave for sports injuries.

**2. Work in a group. Discuss the statements.****Reflection**