

Are you a right or left-sided thinker?

1 Speaking

Work with a partner and discuss the following questions.

- Which of the following words would you use to describe yourself? Why?

rational	emotional	creative	instinctive
analytical	logical	intuitive	thoughtful

- What do you know about the left and right sides of the brain?
- Which of the words do you think are associated with the left side of the brain?

2 Listening



Listen to someone talk about their first drawing class and answer the following questions.

What was the speaker asked to do?	
What was the purpose of the activity?	
What did the speaker think of the activity?	

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3 Vocabulary

Match each word or phrase from the listening (1–6) to its correct meaning (a–f).

1. concept

2. endeavour

3. a peek

4. initially

5. to take over

6. to disengage

a. a quick look

b. to begin with

c. idea or notion

d. to take control

e. to release or free

f. attempt or effort

4 Language



Listen again and number the phrases in the order you hear them.

- I'd like to show you ...
- One thing that surprised me was ...
- I was particularly (pleased with/surprised by) ...
- It just goes to show that ...
- I found the whole exercise very interesting.
- The idea was to ...

Use the phrases to complete the following sentences.

1. _____ and will definitely try to do it more in the future.
2. _____ the results of a test I did.
3. _____ a healthy body means a healthy mind.
4. _____ show how exercise relates to memory.
5. _____ how much more I could remember after exercising.
6. _____ how even a little exercise could improve memory.

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5 Pronunciation

Words like prepositions, articles, helping verbs and pronouns are often unstressed, and so are said very quickly. They are not content words and so are not emphasised in speech.

Which words in the following extracts do you think will be unstressed? Cross them out.

1. It means you produce more of a stored concept of the object.
2. I hadn't tried anything like this before, and it was initially quite difficult to do.
3. I was particularly pleased with the face, as I usually find faces extremely hard to draw.



Listen and check.

Work with a partner. Look at the sentences your teacher gives you and identify the unstressed words. Then try to say the sentences to each other.

6 Speaking

You are going to quiz your partner. Make a note of their answers and then decide whether they are a left or right-sided thinker. Be prepared to present your findings using some of the phrases from the language exercise.



Are you a right or left-sided thinker?

1. When you study, do you need total silence or do you prefer to have background noise/music?
2. If someone comes to you with a problem, are you more likely to empathise or search for a solution?
3. How easily do you lose track of time?
4. Are you more likely to say 'I can't put a name to a face', or 'I can't put a face to a name'?
5. Do you tend to use hand gestures when you talk?
6. Which are you more likely to trust: your gut instinct or logic?
7. Is your living space generally neat or cluttered?
8. Do you prefer looking at a map or reading directions?